



SHDCHE



SANT HARI DASS COLLEGE OF HIGHER EDUCATION

(RECOGNIZED BY NCTE, GOVT. OF INDIA, APPROVED BY DHE, GOVT. OF NCT OF DELHI, & AFFILIATED TO GGSIP University, DELHI)

STUDENT'S PERSONALITY DEVELOPMENT ACTIVITIES

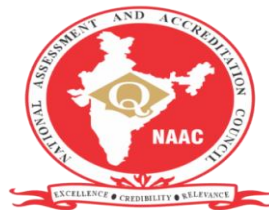
Jai Bhagwan

Principal

Sant Hari Dass College of Higher Education
Bani Camp, Najafgarh, New Delhi-110043



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Activity	Number	Date	Organized by
MOCK INTERVIEW	1	26/12/2022 (Monday)	Organised by Training & Placement Cell (SHDCHE)
ROLE PLAY	1	1/06/2023 (Thursday)	Organised by IQAC of Sant Haridass College of Higher Education in association with RWA
GROUP DISCUSSION	2	5/1/2023 (Thursday) 6/1/2023 (Friday)	Organised by Management Department of Sant Hari Dass College of Higher Education Organised by Cultural Committee of Sant Haridass College of Higher Education
WORKSHOP	4	10/03/2023 (Friday) 16/03/2023 (Thursday) 17/03/2023 (Friday) 8/2/2023 (Wednesday)	Organised by IQAC of Sant Haridass College of Higher Education in association with IBM CSRBOX Foundation Organised by IQAC of Sant Haridass College of Higher Education Organised by IQAC of Sant Haridass College of Higher Education Organised by IQAC of Sant Haridass College of Higher Education
COMPETITION	12	22/10/2022 (Saturday) 14/4/2023 (Friday) 10/4/2023	Organised by Cultural Committee of Sant Haridass College of Higher Education Organised by IQAC of Sant Haridass College of Higher Education

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		(Monday)	Organised by IQAC of Sant Haridass College of Higher Education
		13/06/2023 (Tuesday)	Organised by IQAC of Sant Haridass College of Higher Education
		15/09/2022 (Thursday) to 31/10/2022 (Monday)	Organised by ELC's/VAF
		09/06/2023 (Friday)	Organised by IQAC of Sant Haridass College of Higher Education
		21.01.23 (Saturday)	Organised by IQAC of Sant Haridass College of Higher Education
		28/4/2023 (Friday)	Organised by IQAC of Sant Haridass College of Higher Education
		23/07/2023 (Thursday)	Organised by Cultural Committee of Sant Haridass College of Higher Education
		23/03/2023 (Thursday)	Organised by IQAC of Sant Haridass College of Higher Education
		15/11/2022 (Tuesday)	Organised by ELC's/VAF
		15/11/2022 (Tuesday)	Organised by ELC's/VAF

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REPORT ON MOCK INTERVIEW

The Management Department of the SHDCHE has conducted Mock Interview on 26th December, 2022 for the students of BBA Final Year Vth Semester. It has been taken by the faculties of Management Department. The interview panel assessed the technical, communication, emotional, knowledge and personal competence of the students and gave them individual and group feedback on their performances. The panel counsels the students also. Students found it to be a good rehearsal for actual job interview. It was treated as a part of placement related training and continuous assessment of the students during the course.

Mock interviews help the students to have some knowledge of what to be expected in job interview. Students would be able to approach interview with confidence and ease.

Mock Interview have been conducted for the students to stimulate and give them an insight in real time interviews and make them aware of what to expect and also how they themselves perform in real interviews. It has been indeed a learning process for the students.

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ROLES PLAY ON SAVE WATER

NAME/LOCATION OF COLLEGE- Sant Hari Dass College of Higher Education

ACTIVITY DATE- 01/06/2023

DETAILS-

The students of our college have showed a role play in front of whole college to mobilize the need of SAVING WATER. The role-play had certain character who talked about the need of preserving water for better use of it by and for all.

Their style of performing was so close to reality that the others students could relate to the situation showed by them. The wastage done by every individual at a certain point resulted in have a deep understanding of dos and don'ts to care about saving water in future. The participants of the play also told the steps to conserve water like: rain water harvesting, using tap and bucket for bathing rather than shower. Also, to minimize the use of water. This was a successful trip down the lane to promote the cause of save water and suggesting few steps to follow it.



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REPORT ON GROUP DISCUSSION FOR BBA STUDENTS

The Cultural Committee of SHDCHE organized an online Group Discussion for B.Ed students on the topic “How to improve the communication skills” on 6th January 2023.

The resource person Dr. Neelam Soni, (Director of the college) explained the above theme and group discussion has been done by the BBA students.

It has been a very interesting and knowledgeable session. The students participated with great enthusiasm.

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REPORT ON GROUP DISCUSSION FOR B.ED STUDENTS

The Cultural Committee of SHDCHE organized an online Group Discussion for B.Ed students on the topic “ICT Tools Innovative strategy of Teaching and Learning on 5th January 2023.

The resource person Mr. Ashish Kumar, Assistant Professor explained the above theme and group discussion has been done by the B.Ed students.

It has been a very interesting and knowledgeable session. The students participated with great enthusiasm.

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REPORT ON WORKSHOP ON ARTIFICIAL INTELLIGENCE

The IQAC cell of Sant Hari Dass College of Higher Education, in association with CSRBOX Foundation team organized a Workshop on “ARTIFICIAL INTELLIGENCE” on 10th March 2023 for all the students of B.Ed & BBA towards IBM Skills Build Initiative to promote and develop Digital Skills.

Ms. Nupur, the resource person highlighted the concept of “ARTIFICIAL INTELLIGENCE” to the audience. She further discussed about how Artificial Intelligence sometimes called Machine Intelligence is Intelligence demonstrated by machines in contrast with the natural intelligence displayed by humans and other animals, such as learning and problem solving.

She further told that AI is the study of Intelligence agents i.e. any device which perceives its environment and take actions that maximize its chance for successful achieving its goals. She explained how AI works in real world by combining large amount of data with fast, iterative processing and intelligent algorithms, allowing the software to learn automatically from patterns or features in the data.

She further discussed AI is widely used in real world to provide personalized recommendations to people, based for example on their previous searches and purchases or other online behaviour.

CSRBOX is a social sector consulting firm in India & has partnered with IBM for the SkillsBuild platform to offer SkillsBuild services to Indian educators by virtue of the IBM CSR Initiative. CSRBOX has partnered with Organisations & Institutions across India and engaged with learners in both urban & rural parts of India.

IBM SkillsBuild for Students is a **FREE DIGITAL LEARNING PLATFORM** that aims to build Digital Skills, Workplace Skills and Life Skills in service and pre-service teachers. It is aligned with New Education Policy and provides educators with opportunities to up skill themselves while gaining unique digital badges and certifications at no extra cost. The courses on the platform are designed by reputed institutions & organizations like Oxford, Adobe, IBM to name

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IBM SkillsBuild value drivers:

1. Aligned to NEP: teachers/trainers to earn the industry-recognized credentials and certificates that will help them develop new skills in line with NEP.
2. Offering to Teachers/Trainers: Special content for teachers/institutes provides them with ideas on how to use digital learning as a basis for engaging student projects.
3. Exposure to emerging careers and skills: Educators will gain insight into emerging technology trends, enabling them to begin their career exploration with critical baseline knowledge.

The team further discussed about to give access to the platform by adding names and email IDs of the audience as soon as possible.

It was a very knowledgeable, insightful and valuable workshop.

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REPORT ON WORKSHOP ON “TRAIN THE TRAINEE”

A Workshop on TRAIN THE TRAINEE had been organized by IQAC cell of Sant Hari Dass College of Higher Education in association with RENA O EXCEL on 16th March, 2023 for B.ED and BBA students to improve the communication skills by doing certain activities.



The Workshop was inaugurated by the Principal sir Dr Jai Bhagwan Vyas and further discussed by the Director of the college Dr. Neelam Soni, who emphasized on the development of communication skill among the students.

Student from B.ED gave the brief introduction of the session. The team described and explained about all





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skills i.e. communication skill, soft skills, interpersonal skills etc. Later on the team distributed questionnaire related to improvement of communication skills and other skills, further general grammar which was related to questionnaire was also discussed.

Further Ms. Rinku, the coordinator of the programme discussed about the personality traits of a teacher and students responded very well at the discussion.

Overall the session was all about enhancing the communication skills and personality traits. Everyone found this session very informative, meaningful and interactive.



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REPORT ON WORKSHOP ON SAHAJA YOGA

On 17th March 2023, Sant Hari Dass College of Higher Education organized a Yoga Workshop by Sahaja yoga team for all the students of B.Ed & BBA.

The session was inaugurated by Principal Sir Dr. Jai Bhagwan Vyas. He explained the benefits of yoga and further introduced SAHAJA YOGA TEAM to the audience.

Sahaja yoga is not an organization but it is related to SAHAJA + YOGA, which forms an ability to connect oneself. Sahaja means in born, spontaneous and yoga is Union of our attention with divine. Mata Nirmala Devi, who is the founder of the Sahaja Yoga, is born on 21st May 1923 in chindvada (M.P). All the member of Sahaja Yoga Team explained the importance of Yoga & Meditation through their different perspective.

This experience of sahaaj yoga is also called self realization is described in the teachings.



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They explained that every human being is born with the subtle mechanism inside. They asked to practice for 10 minutes. Before starting their practice, they asked us to remove the shoes and they asked us to keep the right hand on heart to feel vibration, later on the neck, on forehead and last on the head. This was how, the students practiced their Meditation.

This way, the session ended very peacefully spreading positive vibes and satisfaction on every face. Everyone found, that session very useful for future use in daily life.



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REPORT ON WORKSHOP ON YOGA & HEALTHY FOOD HABITS – A WAY OF LIFE

Sant Hari Dass College of Higher Education has organized a workshop titled as “YOGA & HEALTHY FOOD HABITS – A WAY OF LIFE” dated 8th February 2023 in the college campus.

Aims & Objectives of the Workshop

- ❖ To acquaint the students with the concept of holistic health
- ❖ To enable them to understand the various dimensions & determinants of health
- ❖ To enable them to understand the need & importance of physical education
- ❖ To understand the need & relevance of Yoga and develops the skills in yogic practices
- ❖ To practice mental hygiene and emotional stability
- ❖ To integrate moral value
- ❖ To get relief on any king of stress and depression
- ❖ To improve concentration power

Session 1 – Yoga & Meditation (9:30am to 12:30pm)

Parnayama

Objective of parnayama:

Physical- pranayam strengthens the muscles that are used in breathing, increasing our lung capacity and improving circulation throughout the body.

Mental – Focusing on our breath sends more oxygen to the brain, improving mental clarity, focus, concentration and attention. Breathing helps us to engage higher order thinking skills to promote throughout the organization, good decision making and planning skills.

Emotional - Pranayam helps us to let go of our negative thoughts and emotions. Focusing on our breath activates the parasympathetic nervous system, reducing the fight or flight respond and producing a sense of calmness.

Spiritual – Focusing on our breath draws our attention to the present moments and can increase feelings of inner peace of stillness.



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Meaning – “Pranayam is control of Breath”. “Prana” is Breath or vital energy in the body.

“ayama” means control. So, Pranayam is “control of Breath”.

Surya Namaskar

We did the 12 steps of surayanamaskar. All the students follow the steps and did the same as the students showed the steps:-

- Pose 1: prayer pose – Pranamasana
 - Pose 2: Raised arms pose – Hasta uttan asana
 - Pose 3: Standing forward bend – Hastapadasana
 - Pose 4: Equestrian Pose – Ashwa Sanchalanasana
 - Pose 5: Stick pose – Dandasana
 - Pose 6: Salute with eight parts - Ashtanga
 - Pose 7: Cobra pose – Bhujangasana
 - Pose 8: Downward facing dog pose – Adtio Mukha svanasana
 - Pose 9: Equestrian pose – Ashwa Sanchalanasana
 - Pose 10: Standing forward bend – Hastapadasana
 - Pose 11: Raised arms pose – Hastapadasana
 - Pose 12: Mountain pose – Tadasana
- All the students did the 12 poses very nicely.

IMPORTANCE:

- Helps in weight loss
- Strengthens muscles and joints
- Improved complexion
- Ensures a better functioning digestive system
- Helps combat insomnia
- Spinal cord and abdominal muscles are stretched
- Improves flexibility of the body
- Improves balance in the nervous system
- Reduces blood sugar levels
- Reduces stress levels



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- Eliminates stomach ailments

MEDITATION

Objectives of Meditation:-

- Gaining a new perspective on stressful situations
- Building skills to manage your stress
- Increasing self – awareness
- Focusing on the present
- Reducing negative emotions
- Increasing imagination and creativity
- Increasing patience and tolerance
- Lowering resting heart rate
- Lowering resting blood pressure
- Improving sleep quality

After these objectives discussion, we did three types of meditation as:-

- 1) Mantra Meditation
- 2) Mindfulness Meditation
- 3) Chakra Meditation

Meditation is very useful for us.



Session 2- Food Habits & Balanced diet (1:00pm to 3:00pm)

HEALTHY FOOD HABITS

Most of the time, health goals are relates to our eating habits. When we want to lose our belly fat, we have to change the way we eat. Here are 5 good eating habits which will help us to achieve our health goals.

We have goals for our relationships, careers, finance and also health. They are expressions of our inner desires or what we want from our lives. Often we write them down to make these goals more concrete and also as reminders to ourselves to keep moving towards our goals.

When it comes to health, we often have fitness and food goals like losing weight, exercising regularly, eating healthier or making better food choices. Losing weight could take months. Exercising regularly could take years while eating healthier and making better food choices are hard to measure.

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Before we achieve these goals, we may feel discouraged and give up. To stay on track, we can break down these health goals into smaller and more realistic steps - steps that are easier to measure and track weekly or monthly so that we can see our progress and feel motivated.

For instance, we could set a smaller goal to develop a healthy eating habit such as drinking water instead of sweetened drinks during lunch.

Here are 5 good eating habits which will definitely help us to achieve our food goals. For those of us with diabetes, these healthy eating habits will also help us to control our blood sugar.

#1 Choose Water

Set a goal to drink water instead of sugar-sweetened drinks. To make this more measurable, write down how often you will make this choice e.g. 5 times a week.

#2 Eat Slowly and Mindfully

It takes about 20 minutes for your brain to send out signals that you are full. Eat slowly. Take the extra time to pay attention to what we are eating and how much. To make this more measurable, write down how often you will make an effort to take at least a half hour to finish your meal.

#3 Stick to One Serving

For those of us who love having seconds, eating one serving will help us keep our calorie intake in check. Challenge yourself to stick to one serving and also standard portion sizes.

#4 Eat Fruit and Vegetables

Set a goal to fill half your plate with fruit and vegetables at every meal. Fruit and vegetables are naturally low in saturated and trans fat, and rich in dietary fiber, vitamins and minerals. Or simply set a goal to use My Healthy Plate for all meals.

#5 Swop to Whole grains

Eating wholegrain foods such as brown rice, whole meal bread and rolled oats can help reduce the risk of developing heart disease and diabetes. They can also help with weight management because they keep you feeling full longer and reduce the need for snacking. Set a goal to ask for brown rice and make it measurable e.g. ask for brown rice at least 3 times a week at lunch.

These 5 good eating habits take time to develop. Be patient. When we slip up, rather than give up, we should persevere. These changes, no matter how small, make a big difference to our health.

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DIET CHART

Principle of diet chart

The diet – planning principle of adequacy, balance, calorie (energy), control, nutrient density, moderation and variety are important concepts in choosing a healthful full diet.

Aim and objective of Diet – chart

- It provides essential micronutrients viz. vitamins and minerals to maintain the cells, tissues and organs.
- A balanced diet chart also helps in maintaining a healthy weight, reducing body fat, provides your body with energy and eventually gives a feeling of well being.
- A healthy eating plan also will lower your risk for heart diseases and other health conditions.
- A healthy eating plan gives your body the nutrients it needs every day which staying within your daily calorie goal for weight loss or gain.

LEARNING OUTCOMES OF THE WORKSHOP:-

- Students are able to establish relationship between the concept, determinants and dimensions of health and wellness
- Discuss the various areas of concern for health and wellness
- Implement yoga and meditation as a way of life
- Appreciate the role of physical education programmes in developing integrated personality
- Improves concentration power
- Get relief from stress and depression.

Overall it was a very wonderful and helping workshop in balancing our daily health.

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A REPORT ON RANGOLI AND DIYA DECORATION COMPETITION (AZADI KA AMRIT MAHOTASAVA)

Date: 22.10.2022

The Cultural Committee of SHDCHE organised Rangoli and Diya Competition on 22nd October 2022 for the students of B.Ed and BBA on the occasion of



Deepawali. The students of B.Ed and BBA participated enthusiastically in Rangoli and diya making competition.





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The principal Dr. Jai Bhagwan said, “By organising such a competition students are introduced of the value of our cultures. At the same time skills of creativity and art innovation can be developed amidst the students in art crafts.” Rangoli making is an integral part of India's traditional culture and

embellishes the festivities.

Diwali is the festival of lights and sweetness. It is basically a symbol of the victory of good over evil, brightness over darkness, and truth over falsity. The diyas not only make diwali, the festival of lights, but they also symbolize the supremacy and consequence of brightness over darkness.

Participants made creative and colourful

Rangolis to initiate a festive ambience in their homes. They used eco-friendly





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materials such as, grains, diyas, flowers and coloured sawdust, keeping both, the art form and the tradition, alive. Students participated with great vigour and enthusiasm. At the end the winners of the competition were distributed certificates.

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DEBATE COMPETITION

SantHariDasscollege of higher education Organized a debate competition dated 14.04.2023 on the topic related to G20. It works to address major issues related to the global economy, such as international financial stability, climate change mitigation and sustainable development.

The debate competition was conducted under the observation of Dr. Neelam Soni and Dr. Joni Hooda. Which included topics like Energy, Sustainable Development and Trade. The theme of the competition was "Raising awareness of G20 collaboration and educational development in emerging India" which aligns with the vision of the **G20 summit India 2023**. Dr. Madhu Srivastava and Ms. Khushboo

lead the Core Team of Judges. Students participated in the competition. The topics discussed by the students were: -
Is Climate Change a Disaster to Happen or a Technology That Can Be Overcome.

Education of a Girl Child is Burden.

Topic 1: -Presented by Pooja, Sansar Pal, Priya, Pooja Tyagi, Gunjan, Rahul, Parkhi, Sonam, Neha, Divya, Kusum, Jarman Partibha, Kuldeep Singhand Vandana discussed about

the first topic Climate change a disaster or a technology that can be overcome in which participants represented the climate change in which included some points like how Is climate change a disaster to happen or a technology that can overcome Climate change. For the case of global warming, we should take action, but most of the action that people are suggesting will not address the problem and so we have to get the energy policy right. It has to be based on Science and Engineering and Technology. Climate change is a disaster in which discussion with evidence based on how it is premature to consider geo-engineering as a viable option for addressing climate change. The priority is, and must be, to tackle the root cause by reducing emissions of greenhouse gases from human activities and adapting to those impacts that are unavoidable.

Some students presented their view about the benefits of climate change as a technology impact on environment.



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Topic 2: - Education of a girl child is burden was also discussed brilliantly by the students, the session was very interactive not only the judges but the student audience and other staff member present there were also enjoying the debate on both the topics. This topic presented by Bindu, Kusum, Anchaliha, Gajala, Chestha, ShivaniBist, Komal, Chetna, RichaKohli, Rinku, Kahkasha, Kunal, Ritu, Khushboo, Omkar and Shruti. Students discussed the topic education of a girl child as a burden which was thoughtfully and rationally presented in which included some data analysis like, there are approximately 34 million adolescent girls out of school. Another shocking fact is that two-thirds of the 796 million illiterates are women. According to the 2011 census, the male literacy rate is 82.14% and the female literacy rate is only 65.46% in India.

The session was very interactive, informative and useful. Not only the students participated felt good but the audience and everyone felt very lively and informational. The main motive of the session was to build up creative, informative and critical thinking skills among the students.

The deserving participants given laurels in the form of certificates as per their position.....

1st position: - Mansi, Deepawali

2nd position: - Bindu, ShivaniBisht

3rd position: - PoojaTyagi, Anchaliha

This competition helped to better understand the issues related to G20 Collaborations and educational development in India.



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(RECOGNIZED BY NCTE, GOVT. OF INDIA, APPROVED BY DHE, GOVT. OF NCT OF DELHI, & AFFILIATED TO GGSIP University, DELHI)

POSTER MAKING COMPETITION

SantHariDassCollege of Higher Education Organized a Poster Making Competition dated 10.04.2023 on the topic related to G20Summit. The G20 Summit is held annually, under the leadership of a rotating Presidency. The G20 initially focused largely on broad macroeconomic issues, but it has since expanded its agenda to inter-alia include Trade, Sustainable Development, Health, Agriculture, Energy, Environment, Climate Change, and Anti-Corruption etc.

INDIA'S G20 PRIORITIES?

Green Development, Climate Finance

Accelerated, Inclusive & Resilient Growth

Accelerating progress on [Sustainable Development Goals \(SDGs\)](#)

Technological Transformation & Digital Public Infrastructure

Multilateral Institutions for the 21st century

Women-led development



The poster making competition organized according the G20 Sumit Agenda. It works to address major issues related to the global economy, such as international financial stability, climate change mitigation and sustainable development. The poster making competition was conducted under the guidance of Dr. Madhu Shrivastava. Which included topics like Energy, Sustainable Development and Trade. The main objective of the competition was "Raising Awareness of G20 collaboration and Educational Development in Emerging India". Which aligns with the vision of the G20 Summit India 2023. The students brilliantly showed G20 Sumit priorities.

Energy efficiency deployment and policy progress, provides an overview of clean energy has made steady progress and scaling up the deployment of renewable energy, enhancing the

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efficiency of fossil fuel-based power generation. Participant explained how to use natural resources for conservation of energy through Solar Plant, Thermal Energy and No Wastage of Plastics so that more and more energy can be saved and it will be beneficial for our future consumption too.

Some other posters on Sustainable Development as also seen by many participants who showed about the United Nations lauded India's G20 presidency for highlighting a number of sustainable development goal. Students of presented a poster on the same Sustainable Development in which highlighted some major goals should be taken care of (ie., namely no poverty, zero hunger, good health, well-being, quality education, gender equality, clean water and sanitation, decent work



and economic growth, industry, innovation and infrastructure, reduced inequalities, sustainable cities and communities, responsible consumption and production, climate action, life below water, life on land, peace justice and strong institutions, partnerships for the goals)

The next topic was Trade, which is an engine of growth that creates jobs, reduces poverty and increases economic opportunity. The World Bank Group helps its countries to improve their access to developed country markets and enhance their participation in the world economy. The role of trade was portrayed by the participants. Astoundingly showed the importance of trade in these posters in which showed the concept of Make in India. Which is based on the trade and investment theme under G20 this showing the last 8 years of India how it progressed and being counted as one of the leader in the world. Overall, the competition was a success and provided a valuable opportunity for students to express their creativity and explore the theme of "Raising awareness of G20 collaborations and educational development in emerging India". The organizers of the poster making competition received positive feedback from the students who participated in the event. Many students appreciated the opportunity to express their

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creativity and explore a theme that was directly related to the G20 Summit India 2023 vision. Many students were impressed by the quality of the winning entries and were inspired by the ideas and perspectives presented in them. They felt that the competition helped them to better understand the role that G20 collaborations can play in promoting educational development in India. Participants stated, “We enjoyed participating in this competition as it helped me to better understand the role that G20 collaborations can play in promoting educational development in India”. It was very interesting to see the different perspectives and ideas presented in the posters. It was a great opportunity to express creativity and showcase ideas on the theme. This competition helped to better understand the issues related to G20 collaborations and educational development in India.

At the end of the competition students appreciated by given Certificates according to the position.....

1st position: - Sheilja and Bindu

2nd position: - JarmanPartibha

3rd position: - Pooja Tyagi and Khushboo

We felt that the competition was a great success and are considering organizing similar events in the future to promote creative thinking, expressive skills and informative skills among students. Thus, the impressive works undoubtedly left the spectators breathing in the air of the country's pride.

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REPORT on PAINTING COMPETITION

Date : 13th June 2023

Cultural committee of Sant Hari Dass College organised a Painting competition on 13th June, 23 on the Theme- Gender Sensitization and Mental Well Being. The students brought their materials such as Different shades of pencils, Pens, Charts, Different type of Colours, etc to make it possible.

The painting competition allowed students to be free and comfortable to express their creativity on Gender sensitization and Mental Well

Being.



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POEM WRITING COMPETITION

One can understand the children's talent and sometimes want that talent to be taken as a student's own choice for skill or as a career choice for the future. The first need is to enhance it day by day.

Students have different choices & talent but one has to guide them and organize such events to show their talent.

In this respect, the poem competition has been organized by CEO Delhi through ELC's/VAF in Hindi, English, Urdu and Punjabi language for all the students from 15/9/2022-31/10/2022.

In this regard, the students from B.Ed & BBA department from Sant Hari Dass College of Higher Education have also been participated enthusiastically in this poem writing competition.

Poem would be written with their own views and imagination. Plagiarism is not allowed and this is the best way to show one's inner talent in a true way.

The topics were given by the conducting committee.

All the entries would be sent through the given email ID and followed by certain terms and conditions.

Certificates have been given to all the participants and cash prizes to the winners. Selected poems were being published by CEO Delhi in a book to be released in NVD function on 25/1/2023.

It was a great & memorable talent showing opportunity for the participants.

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REPORT on POSTER MAKING COMPETITION

Date : 9th June 2023

Literary Club has organised a poster making competition on 9th June, 23 among students of different section of different department on the Theme-FLN(Foundational Literacy and Numeracy). The students brought their materials such as papers, Pens, Charts, Colours, etc to make it possible.

The poster making competition allowed students to be free and comfortable to express their creativity and views on the need of building literacy and numeracy skill at foundational stage. The students were very excited to use their tools and convey their message with the help of a poster.



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A Report On Poster Making Competition

NCTE endeavor to enhance outreach of The Ministry of Education's directive for effective observance the second phase of AKAM celebration till 15 August 2023. In compliance to the NCTE order SHDCHE Organized poster Making Competition dated 21/01/23 on "Ek Bharat Shreshth Bharat" to celebrate "Azadi Ka Amrit Mahotsav (AKAM)". The theme of the competition was **"Cultural Pride And Unity"**.

Ek Bharat Shreshth Bharat (EBSB) competition was the witness of the multiple beautiful entries. Participants focused on showcasing the cultural integration by depicting the various elements over the outline of the states. It showed the popular dance forms, arts and crafts, sports and even the beauty of their daily village life. All the students have participated with great Zeal. Beautiful posters have been made by them on the given theme.

First, second and third positions held Shiksha Atri, Tushar Yadav and Vidhi Lakra

Winners were awarded with prize and achievement certificates for their contribution in the competition. All the participants brilliantly present the topic in just a piece of paper with their colorful ideas and creativity.



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REPORT ON QUIZ COMPETITION

“FAMOUS RIVERS, OCEAN AND OTHER WATER BODIES OF INDIA”



Water scarcity today has become a big issue which if not dealt with in time, will turn out to be a hazard. To make people aware to conserve water, Sant Hari Dass college of Higher Education has

organized quiz competition on famous rivers, ocean and other water bodies of country. The Quiz had two rounds. Rules and regulations of the quiz were



explained at the beginning. Three-round competition includes Objective, which engaged the students for one and half hour.

Total 111 students attended the competition and 12 students participated in this event. The participant were divided in 4 teams namely; Team-A sea Horses, Team –B sea Hawks, Team –c sea Farers, Team-D skimmers. There

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were tie between team two Team B and Team D. and Team B Sea Hawks was the winner.



It was very informative and knowledge enriching competition for the participants. Entire session was really great experience to the participants.

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Celebrating Azadi ka Amrit Mahotasava Organizing Workshop On



Date: 23 July 2023
Venue: Multipurpose Hall
Faculty: Ms. Seema Gahlot
Theme: Sustainability/ lifestyle for
Environment

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Report On Best Out of Waste

*Recycling things is like magic that turns ordinary things
into extraordinary."*



The three 'Rs' stand for: Reduce, Reuse and Recycle. They are a part of the waste hierarchy which is used to protect the environment and conserve resources through a priority approach. The aim is to get maximum practical benefits from products and to generate the minimum amount of waste. The Best out of Waste simply means

to make or to create innovative and attractive things from the material we do not use anymore. In an initiative to generate the habit of using old things to create beautiful crafts among children, a 'Best Out of Waste Competition' was organized at Sant Hari Dass College of Higher Education,



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students displayed their creative art and craft ideas by making: a teapot and a cup, hat, paper vase, wall hangings, greeting cards,



Utility box, toys and paper jewelry and many more. Total 20 students have been participated in the workshop. The creativity displayed by the Students was mesmerizing. The competition promoted artistic fervor in our leaders of tomorrow.

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A REPORT
On
Essay writing Activity on “Tribal Freedom Fighter”
(Theme: Tribal Empowerment)
23rd March, 2023)



Independence Day for Indians brings back remembrances to sacrifices of freedom fighters who envisioned India as an independent free bird; free from the hands of all external forces and stand united as one secular, socialist, democratic republic While India's

freedom struggle is filled with stories of brave hearts and valour, People from each and every region were fighting their own war. Many of the protests against the British were led by tribal heroes. Their fight was for their land and most importantly, their people.

India has witnessed their struggle turning into a revolution without the use of equipment like bombs and tanks. The role of tribal leaders has often been overlooked.



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In celebration of 75 years of Independence, under the Agies of Azadi ka Amrut Mahotsav of our great country, the Sant Hari Dass College of Higher Education, organized an Essay writing activity on 23rd March, 2023. The Topic for the Essay was “Tribal Freedom Fighter” under the Theme of Tribal Empowerment. Tribal

personalities who participated in the Freedom Struggle and Less known personalities who have helped in Nation Building’. 3 days span was allotted to participants to submit their response along with the essay on A4 size paper.

Overall, 43 Students enthusiastically participated in this activity. Entries in both English and Hindi were received. They wrote about tribal personalities who participated in freedom struggle.

Students tried to figure out the prominent tribal figures who fought for their people and their motherland. They highlighted the freedom struggle of our country against the British and they put all their efforts to express various events during the



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struggle, how they affected the fight to earn freedom. Few wrote about some radical events that fueled the fire of freedom amongst the youth of our country. At the end, Students also shared their content with others and get inspired through the story of our national heroes.

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SLOGAN WRITING COMPETITION

“GIVE WORDS TO YOUR THOUGHTS”, the slogan writing competition has been organized by CEO Delhi through ELC's/VAF in Hindi and English language.

The students from B.Ed & BBA at Sant Hari Dass College of Higher Education have been participated in the following events.

The topics were already given by organizing committee. The participants were asked to write the slogan in their preferred language and submit the entries at given email ID by 15th November 2022.

The participants were asked to highlight upon the given topics and turn their thoughts/views into words in the form of slogans.



A good slogan helps to attract the attention of the people about the topic and enable to produce information to potential people.

The motive of the event was to make people know the importance of certain topics and help them tuning their views into creativity.

Certificates and cash prizes were declared by the organizing committee.

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VIDEO MAKING COMPETITION

A tutorial video making competition was organized among the students by ELC's/VAF/chunav pathshala.

The topics were given by the organizing committee itself.

The purpose of the event was to provide the platform to share the knowledge & information of the following topics through the videos.

Videos were being made in the given terms and conditions by the department.

This activity helped the students to showcase their talents and creativity through the video prepared by them.

All the entries were being submitted till 15th November 2022 (5:30pm)

Overall, it was a very successful and enjoyable event.

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